

# BECOME A RURAL HEALTH SCHOLAR THIS SUMMER!



# May 29 to June 29, 2016

- Live on campus for 5 weeks
- Take college classes in Creative Writing and Chemistry\*
- Learn about health careers
- Take fieldtrips to rural health care facilities and a medical school

# Requirements

To apply, you must:

- Be currently enrolled as a high school junior
- Have a "B" average or 3.0 grade point average (GPA)
- Earn at least 21 on the ACT or 1000 on the SAT (UA requires writing score on ACT and SAT)
- Reside in a rural community
- Have been an Alabama resident for at least eight years

## Cost

- Free application
- Free tuition, room, and board for five weeks
- One-time \$50 application processing fee for those selected to participate

# **Apply today!**

Request an application from your high school counselor, or visit **cchs.ua.edu/rhs**.



**Application Postmark Deadline: March 15!** Selected scholars will be announced by May 1.

\*College courses are taken at no academic risk. Only students earning the grade of "A, B, or C" will be awarded credit.

Questions? Contact: Cynthia Moore, Director Rural Health Scholars Program (205) 348-3116 cmoore@cchs.ua.edu

The University of Alabama is an equal opportunity educational institution/employer.

### RURAL HEALTH SCHOLARS PROGRAM





cchs.ua.edu/rhs

# RURAL HEALTH SCHOLA

The Rural Health Scholars Program (RHSP) is a five-week summer program for rising high school seniors from rural counties in Alabama. The program gives students a chance to experience college life. Scholars live on campus, take two college courses for credit, participate in seminars and field trips, shadow physicians at University Medical Center, and receive information about health careers.

The RHSP was founded to encourage high school students from rural areas to pursue careers in medicine and other health professions. Research indicates that students who originate from rural communities are more likely to return to rural communities to practice as healthcare professionals. Thus, the RHSP strives to both foster the pursuit of excellence among rural youth and improve the long-term quality of life within rural communities.



# RURAL HEALTH LEADERS PIPELINE

The Rural Health Scholars Program is part of the Rural Pipeline, a series of programs whose goal is finding and nurturing capable rural students who are interested in becoming physicians. Research shows that these students are more likely than non-rural students to establish their medical practices in underserved areas after completing their training in urban medical centers. In addition to the RHSP, the "pipeline" includes the following other programs:

- Minority Rural Health Pipeline Program, for high school seniors, with preference given to students who live in the Black Belt counties
- Rural Medical Scholars Program, for college seniors or graduate students from rural Alabama who are interested in becoming family practice doctors

More information about RHSP and the other Rural Pipeline programs is available at <a href="mailto:cchs.ua.edu/rhs">cchs.ua.edu/rhs</a> or by calling (205) 348-3116.

## ARS PROGRAM

#### REQUIREMENTS

Candidates for the Rural Health Scholars Program must meet the following minimum requirements:

- Be currently enrolled as a high school junior
- Have a "B" average or 3.0 grade point average (GPA)
- Earn at least 21 on the ACT or 1000 on the SAT (UA requires writing score on ACT and SAT)
- Reside in a rural community
- Have been an Alabama resident for at least eight years

#### **COLLEGE CREDIT**

Students take two college courses (Introduction to Chemistry and Creative Writing) at no academic risk. This means that only students who earn the grade of "A," "B," or "C" in each course will be awarded college credit. Those who do not earn at least a "C" will have no negative effect on their college record.

#### **PROGRAM COST:**

Tuition, room and meals will be provided at no cost to participants.

#### THREE WAYS TO APPLY:

- Ask your high school counselor for an application.
- Visit <u>cchs.ua.edu/rhs</u> to download an application.
- Contact Cynthia Moore at (205) 348-3116 or cmoore@cchs.ua.edu to receive an application by fax or mail.





#### THE UNIVERSITY OF ALABAMA®

Rural Health Scholars Program Box 870327 Tuscaloosa, AL 35487-0327

Phone: (205) 348-3116

Fax: (205) 348-7685

E-mail: cmoore@cchs.ua.edu

The University of Alabama is an equal-opportunity educational institution/employer.

Nonprofit Organization US Postage Paid The University of Alabama SEND APPLICATION TO Rural Health Scholars Program The University of Alabama Box 870327 Tuscaloosa, AL 35487-0327



#### INSTRUCTIONS ON HOW TO APPLY TO THE RURAL HEALTH SCHOLARS PROGRAM

- 1. Application must be legible either typed or printed and all sections completed.
- 2. Submit two letters of recommendation. One must be from your high school counselor and the other from one of the following persons: a math, science, English teacher, or principal. Recommendation letters should be sent with the application in a sealed envelope.
- 3. Parent's or guardian consent is required for you to participate in this program. Please make sure that a parent or guardian signs this form in the appropriate place.
- 4. Have your high school counselor or registrar send an official transcript of your high school grades including any standardized test scores. A copy of these test scores must accompany your transcript. (NOTE: to be admissible to the program students should have a 3.0 cumulative grade point average and at least a 21 ACT or equivalent SAT score.
- 5. Statement of Interest:
  - On a separate sheet of paper write an essay stating your reasons for wanting to participate in the Rural Health Scholars Program. Be sure to include background information, goals and motivation, health career interest and any exposure you may have to the health care field.
- 6. It is your <u>responsibility</u> to make certain that your recommendations and application are sent together. Make sure that your name and the name of the person providing the recommendation is clearly printed on the recommendations.
- 7. All materials (including application, test scores, recommendations) should be in one envelope and postmarked by March 15<sup>th</sup>.
- 8. Mail application and recommendations to:

Rural Health Scholars Program The University of Alabama Box 870327 Tuscaloosa, AL 35487-0327

- 9. We will communicate further with you as your application is completed and the final selections for the Rural Health Scholars are made. You should know your status by April 30.
- 10. If you have any questions about this application, or program, please contact Cynthia Moore by phone at (205) 348-3116 or email: <a href="mailto:cmoore@cchs.ua.edu">cmoore@cchs.ua.edu</a> or Irene Wallace by phone at (205) 348-5892 or email: iwallace@cchs.ua.edu.

Thank you for your interest in the Rural Health Scholars Program.

Good Luck!!

#### **RURAL HEALTH SCHOLARS APPLICATION**

PERSONAL INFORMATIONPLEASE PRINT CLEARLY  LEGAL NAME:
Date of Birth:Social Security Number
Permanent mailing address
(CITY, STATE AND ZIP CODE
County: Home Phone: Cell Phone
Email Address (one often checked)
DEMOGRAPHIC INFORMATION: MaleFemale
Black/African American Hispanic/Latin Native American White/Caucasian Asian/Pacific IslanderOther
EDUCATION:
HIGH SCHOOL (include City and County)  Cumulative GPA:  Grade Point Average: on a 4 point scale  Math and Science GPA:  A=4, B=3, C=2, D=1, F=0
Have you taken any of the following standardized tests? Record your highest composite score.
ACT SAT PSAT PACT PLAN
Check which science course(s) you have taken: Biology Chemistry Physics Anatomy and Physiology
List all extracurricular activities (use additional sheet if necessary)
PARENT'S INFORMATION: Mother's and Father's Name:
Address of Parents: (include city and state)
Did your mother or father attend a 2 year or 4 year institution after high school?
Mother yes no, if yes where and highest degree
Father yes no, if yes where and highest degree
Student and Parents/Guardian:  Student: you certify that the information submitted in this application is complete and correct to the best of your knowledge.  Parent/Guardian: you give your permission for your child to participate in the Rural Scholars Program at The University of Alabama.  Student and Parent/Guardian: you both understand and accept that good behavior, good conduct, academic progress, and regular attendance are mandatory for continued participation.
Student's signature:
Parent/Guardian signature:

College of Community Health Sciences

November 25, 2015

Rural Scholars Program

Dear 11th Grade Counselor:

RE: Rural Health Scholars Program



The Rural Health Leaders Pipeline of The University of Alabama annually sponsors the Rural Health Scholars Program (RHSP) for 25 high school students who are currently in the 11th grade. The ultimate goal of these programs is to make quality health care more available to our rural communities. Because we are confident you share an interest in this goal, and you are also interested in students from your community having maximum opportunities to work toward their personal goals, we are asking your help in identifying prospective participants for these programs. The program pays all expenses which include tuition, housing, books and meal allowance.

Students who are selected to participate in RHSP can:

- Get a head start in the college preparation they will need for admission to professional school
- Earn college courses (RHS: Chemistry and Creative Writing
- Spend five weeks living in campus housing (May 29-June 29)
- Participate in seminars and field trips

#### Requirements

- Resident of Rural Alabama for 8 years
- Taken the ACT and scored at least 21 or equivalent (required for enrollment)
- Currently in the 11th Grade with B average (3.0)
- Two letters of recommendation
- Statement of interest essay

We hope to encourage these students to explore careers in the health professions, prepare themselves throughout their undergraduate enrollment, and improve their ability to competitive when applying to medical and other health professional schools.

Applications for the program are enclosed (reproduce as necessary). Please give these to students who might benefit. Applications should be postmarked by March 15.

If you have any questions or concerns, please contact me with the information below. If you would like for me to come and speak to your students about the program please let me know.

Sincerely,

Cynthia E. Moore

Assistant Director Rural Scholars Programs

cmoore@cchs.ua.edu

Contina E. Moore

Enclosures:

College of Community Health Sciences

354 Nott Hall Box 870327 Tuscaloosa, Alabama 35487-0327 (205) 348-3116 FAX (205) 348-7685 www.cchs.ua.edu/rural\_programs/RHLP